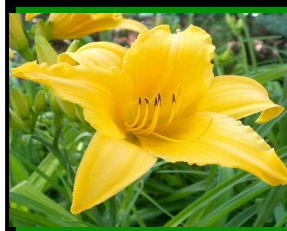


Junly2011

Volume 8 Issue 7



## Maroondah Message

**July Meeting-** Our speakers this month were David and Shirley Williams speaking of their travels in Australia; aided by the many paintings that David had done. His output was truly enormous and a huge amount of time must have been expended on the task. He photographed the subject in situ and then painted from the projected image.

There must have been many more paintings to see as we heard only one of their many talks. Afterwards there were a quantity of prints, cards etc. for people to view and purchase.

**August meeting** Our speaker this month will be Dr. Jenny Breschkin from C.S.R.I.O talking about bacteria and viruses, with a special emphasis on flu.



Trading  
table  
Support the  
trading  
table;

Hanna will once more be at the helm.  
Please speak to her if you feel that you  
could assist in any way.

Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the lift. On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'



# Quit worrying about your health.

...It'll go away.

[www.pmcaregivers.com/Humor.htm](http://www.pmcaregivers.com/Humor.htm)

### AUGUST CALENDER

Monday July 30th at 10.00 am - Breakfast at Casalinga

Monday August 1st at 2.00pm - Meeting at Ringwood RSL

Thursday August 4th at 9.30am - Walk at Warrandyte

Tuesday August 9th at 12.30pm -Lunch at the Stonehouse

Thursday August 18th at 9.30am - Walk at Croydon

Wednesday August 24th at 10.00am - Lunch at the movies

Thursday August 25th at 2.00pm - Coffee at Myers

# August Eats

**Cancellations** -Members please take note . If you wish to cancel a lunch or dinner booking during the last two days prior to the event ,please ring the restaurant directly using the phone number provided as the booking will have already been made.

**Bookings can now also be made online.**

Tuesday August 9th at 12.30pm

Lunch at

The Stonehouse Cafe

321 Warrandyte /Ringwood rd. - Warrandyte

Phone9844 0644

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**Bookings - Rita on 9876 1206 at the August meeting or online**

Saturday July 30th at 10.00am

Breakfast at

Casalinga Restaurant

11, Maroondah Highway Croydon

9870 8422

Bookings- Judith on 9726 5494

The coffee group will meet again this month.

Thursday August25th

When:

2.00pm

Where:

Myer

Eastland

No need

to book

just come along for coffee and a chat



Coming up on Thursday October 6th

**Greatest Senior's Variety Show**

Melbourne Town Hall

7.00pm - 9.30pm Doors open 6.30pm

Cost \$20 - Profits to a Senior related charity

Don't forget to call a committee member if you require any transport or assistance.

If anyone knows of a member who is unwell please let us know, so that we can send our best wishes. Just contact a committee member or

President Helen on 9879 4058



**Two businessmen in Muswellbrook were sitting down for a break in their soon-to-be new shop...As yet, the shop wasn't ready, with only a few shelves set up.**

**One said to the other, "I bet any minute now some pensioner is going to walk by, put his face to the window, and ask what we're selling."**

**No sooner were the words out of his mouth when, sure enough, a curious old woman walked to the window, had a peek, and in a soft voice asked, "What are you selling here?"**

**One of the men replied sarcastically, "We're selling arse-holes."**

**Without skipping a beat, the old dear said, "Must be doing well... Only two left."**

Coming up - Tour of the MCG

When - Monday October 17th



**Cost \$34.00**

This price oncludes a guided tour of the MCG which will commence at 11.00am and will be followed by lunch at the venue which will be a main course plus tea coffee and soft drink.

After lunch you may visit the MCG museum for as long as you wish.

We will travel by train and will go either to Richmond or continue to Flinders st. and back track to Jollimont which is a shorter walk. Details of travel arrangements will be posted in a later newsletter.

Bookings at the meeting or online

## Walking Group

**Our first walk for August is at Warrandyte on August 4th at 9.30am**

This is a pleasant fairly easy walk along the river.

Meet at the carpark at the bottom of Stiggant road. Mel. Ref. 23 D12

We head along the river trail as far as the 'Stonehouse' before returning to the carpark, stopping along the way for morning tea at a local coffee shop.

**Our second walk on August 18th is along the Taralla Creek track at Croydon**

Park at the Pre- school carpark, which is situated in

Eastfield rd., just a short way down from Bayswater rd. We walk along the trail through to Croydon Main st. where we visit one of the many coffee shops for our morning break, before returning along the trail to our cars.

Short Version :- This is a flat easy walk, but if you wish a shorter walk, park at the end of Lusher rd. and join the walk as it comes past [ approx 5-10 minutes after commencing]



**Judith can be contacted on 9726 5494 for more details**

**Inclement weather : - Heavy rain or heat over 25° at 9.00am [summer], then cancelled.**



# Lunch at the Movies

Wed August 24th

## Jane Eyre

Starring Mia Wasikowska, Jamie Bell and Sue Elliot

Cost-13.50p.p. for the movie and lunch.  
Meet in the foyer at 10a.m. No booking.

**Please note that there has been a price increase.**

For those who would like to go early in the month;  
**Larry Crowne**  
on 3rd August might be of interest.

After losing his job, a middle aged man reinvents himself by going to college.

**Assist flood ravaged Queensland -  
Come and visit  
ADVERTISEMENT**

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If you woke up breathing congratulations! You have another chance

## MAROONDAH-RINGWOOD BRANCH

Correspondence to:- Anne Hamilton - Secretary

National Seniors Association/Maroondah-Ringwood Branch PO Box 582, Croydon, Vic 3136

### Our Committee

- President  
Helen Fox.....9879 4058  
email;- helenfox70@gmail.com
- Vice-President  
Peter Feeny.....9879 0622
- Secretary  
Anne Hamilton.....9723 0649
- Treasurer  
Eileen McGregor.....9876 3941
- Policy Officer  
Eileen McGregor .....9876 3941

### General Committee

- Roger Boness .....9737 0830
- Judith Griffith.....9726 5494
- Tricia Kristensen.....9723 9389
- Thelma Licheri.....9876 3770
- Lyn Paten.....9729 8717
- Sandra Price.....9720 9797
- Rita Thomas.....9876 1206
- Kevin Sedawie.....9727 3352

Newsletter contributions to : - Tricia Kristensen

Either at the meeting or by emailing to :-  
[tricialk@virginbroadband.com.au](mailto:tricialk@virginbroadband.com.au)

**WEB [www.seniorsmaroondah.com](http://www.seniorsmaroondah.com)**